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#### Hello From The Editor

#### Hello and welcome to the November issue of the Western Park Gazette.

Ah yes, the gentle slope towards Christmas and the New Year is in full swing. We love a good mixaphor! In this edition, Halloween takes centre stage as children and "adults" donned masks and makeup to scare the bejeezus out of unwary strangers. We took some photos around the neighbourhood and stopped off at The Crows Nest and The Metal Monocle where they know how to party on All Hallows Eve. There's a large amount of gruesome creativity involved in dressing up ever since the advent of latex skin paint! Visit our Facebook page @ourgazette for more photos.

In our regular features, Carey Tunstall has advice on how to prep your garden for the winter, there's the latest updates from the police and Project Hive as well as the Crossword and sudoku on the back page.

There's also the chance to win a family set of four tickets for Cinderella, at the De Montfort Hall! Once again, a big thanks to our contributors and advertisers who are keeping the Gazette afloat.

Twitter @mygazette & Facebook @ourgazette If you've got a local news story or event email: editor@westernparkgazette.co.uk

> e: sales@westernparkgazette.co.uk www.westernparkgazette.co.uk

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To Contact - Call 07939 115 724 e:editor@westernparkgazette.co.uk e:sales@westernparkgazette.co.uk

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## **Events Diarv**

Free Thurs Club: 2pm. Meet & Eat: Weds 5pm. Robert Hall, 147 Narborough Rd.

Fosse Camera Club: For details visit Facebook page or fossecoopcameraclub.co.uk

Hall @ St Anne's, Letchworth Rd: Knit & Natter: 1.30pm. 4th Tues. Weds Club: 2.30pm. 1st Weds. Musical Memory Box: 1st Tues 2pm Pram Club: Weds 9.15-11.30am. Women's Taekwondo: Thurs 8-9pm taekwondo4all.com Fri Coffee Morn: 10am Free Tea/Coffee @ St Paul's Worship Ctr / Community Hub, Kirby Rd Weds, 2-4pm. T-Top sale. 2nd Sat. Family Friends: Term time 4th Mon. St Paul's & St Augustine's Centre, Kirby Rd. 2nd Sat at New Parks Methodist Ch. Contact Sarah on 07465 431 585. Free drop-in Coffee Morns: Tues, 10-12 noon, St. Andrew's Methodist Church, Glenfield Rd East. @Curve: Wizard Of Oz 19 Nov-8 Jan. Dear Santa

Live 1-14 Dec. Very Hungry Caterpillar 16-31 Dec. @DM Hall: Aled Jones & Russell Watson 22 Nov. Jools Holland 24 Nov Saxon 25 Nov

@Ltl Theatre: 9-5 22-26 Nov. Aladdin 15 Dec-18 Jan Y-Theatre: Wresting Resurgence 20 Nov. Garth Marenghi's TerrorTomb Book Tour 1 Dec. Upstairs@thewestern: AWOL 25 Nov.

Tudor Choir Charity Concert: 26 Nov, 7pm. Hall at St Anne's.

Xmas Tree Fest: 26/27 Nov. St. Andrew's Church. Food Bank Drop-in: Thurs 1.30-2.45pm. until Dec 1. Hall at St. Anne's, Letchworth Road.



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#### If You've Got It-Haunt It! Goblins gambolled and witches wandered across West Leicester over the Halloween weekend!

From the traditional pumpkin roll at Western Park and a horde of trick or treaters, to the more grown -up scares at local venues, They were sights guaranteed to send a shiver down the spine!







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## **STAYING STEADY**

Are you worried that you or someone you care for will have a fall? Steady Steps is a free 24-week exercise programme created for over 65 -year-olds who have previously had a fall or are feeling unsteady on their feet. The course is delivered by qualified healthy lifestyle advisors who will help to build up the confidence and mobility of those who attend at their own pace. The aim is to help over 65 year olds to claim back their independence in daily life without having a fear of falling.

Not only does Steady Steps offer tailored exercises that help to improve balance, but the programme is also the perfect opportunity to socialise with other attendees and have fun.

One of our Steady Steps regulars, aged 71, commented "I attend every Monday and enjoy the classes. Since starting Steady Steps, I have felt better in myself, and my hips have improved." Steady Steps classes are launching in various locations across the city including Evington, Braunstone and Belgrave area, so your advisor can help to find the best location for you upon referral.

If you think Steady Steps could help you or someone you know, get in touch with the Live Well team by calling **0116 454 4000**, emailing us on **SteadySteps@leicester.gov.uk** or contact your GP who can make a referral on your behalf.

## Cive Well Over 65?

#### Unsteady on your feet?

Steady Steps can help you improve your strength, balance and confidence to prevent falls in the future.





St Anne's Church Hall will be the place to be on Saturday 26<sup>th</sup> November and Saturday 10<sup>th</sup> December for our final two events for this vear, and indeed for a while.

Our Christmas Craft Fair, on the 26<sup>th</sup> Nov, will be taking place from 12pm until 5pm. Local crafters will be on hand to tempt you with their wares just in time for festive gift purchasing. A craft workshop will running two sessions where you can create your very own wooden snowman character. Father Christmas will be stopping by to meet your children in his pop-up grotto and there will also be festive food and drink on offer

You can book your place at the craft workshop or your slot with Santa through our website wwce.ora.uk

Meanwhile, if you fancy a good old fashioned family knees up, we will be holding a Festive Family Party (10<sup>th</sup> Dec) from 4pm with a children's entertainer, a disco and bar. Keep an eye on our Facebook page for information about how to get hold of tickets for this event.

Project Hive is run by the WWCE, a local group of residents raising funds to redevelop the former Eco House into a community space. KN

#### **NEW LANDLORD SCHEME**

Parts of Westcotes, Braunstone Park and the Fosse have been chosen to be part of a fiveyear 'Selective Licensing' pilot scheme which aims to help safeguard tenants and identify roque landlords.

Selective Licensing places conditions on landlords in "cluster areas" to ensure issues such as gas and electrical safety, installation of smoke, fire and carbon monoxide alarms are properly dealt with, along with issues such as repairs and maintenance, waste disposal, tenancy management and addressing antisocial behaviour.

Leicester assistant city mayor for housing, Cllr Elly Cutkelvin, said: "...cluster areas are places where there are concerns over the high concentration of poorly-managed properties, and the negative impact that has on the wider area."

The licence cost £1,090 but various discounts are available for charitable organisations, properties with good energy efficiency and landlords with multiple properties.

Landlords whose properties are up to code are critical of the plan, fearing that the cost of compliance will simply be passed onto tenants and that similar schemes in the UK have made little difference overall to the local environment.

The money raised will be ringfenced and used to operate the scheme.

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## WIN TICKETS TO CINDERELLA

Leicester's big panto returns to the De Montfort Hall this Christmas from 10th of December to 2nd of January, and you can win a family set of tickets to the opening night!

Poor Cinderella works night and day, but dreams of a very different life and with an invitation to the royal ball it looks as if her wish may be granted.

Will her Wicked Stepsisters succeed in ruining

Cinderella's dreams of happiness, or will her Fairy Godmother and loyal friend Buttons be able to thwart their devilish plans?



A great family pantomime awaits, jam-packed with songs, dancing, silliness, and lots of fun! Cinderella stars TV favourites and dancing duo AJ and Curtis Pritchard as the Prince and Dandini, alongside CBeebies Evie Pickerill as Cinderella, Jarred Christmas as Buttons, West End star Madison Swan as the Fairy Godmother and Leicester favourite, Martin Ballard as Dame Penny Pockets. To book visit *demontforthall.co.uk* 

### THE COMPETITION

Here's your chance to enter the draw to win 4 tickets for the <u>December 10th, 5pm performance.</u>

Which item did Cinderella lose on the way back from the ball?

- 1: Handbag
- 2: Beenie hat 3: Glass slipper
- 4: Necklace

Email your answer & include your phone number before December 1st 2022 to: editor@westernparkgazette.co.uk

Terms: 1 entry per household, tickets not transferable and will be valid for this performance. One winner. chosen at random. **Deadline 1st Dec 2022** 



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#### LADIES MARTIAL ARTS SCOLARSHIP

Taekwondo4All in Western Park is the first martial arts club in the UK to join a unique international movement, designed to empower women through martial arts.

Pink Belt Project provides women on a recovery journey, particularly those healing from the trauma of domestic abuse and/or sexual assault, with a one year scholarship, allowing them to train for free at their local martial arts club.



Scholarships are provided through martial arts instructors like Tamsin Davis from Taekwondo4All who agree to sponsor a scholarship and cover expenses such as uniform, belts and membership fee on behalf of a selected scholarship recipient. She said: "Having been teaching women martial arts for nearly 4 years now, I have seen first hand the increase in confidence and self

-esteem that students gain from learning how to defend themselves. With a female-only taekwondo club, we are perfectly placed to be part the Pink Belt Project and help more women with their recovery from abuse and assault."

Classes are held on Thursdays between 8-9pm at St. Anne's community Hall on Letchworth Road.

To find out go to: www.taekwondo4all.com

#### **CONSTITUENCY CHANGES SOON** Parliamentary constituency boundaries are changing - and it's your final chance to help shape the new map.

The Boundary Commission for England (BCE) is undertaking an independent and impartial review of all constituencies in England, to rebalance the number of electors in each constituency.

Constituency sizes currently vary widely and the new proposals will make sure each constituency has between 69,724 and 77,062 electors, so that each MP represents roughly the same number of people. Following feedback, the BCE has changed nearly half of the initial proposals published last year. The new revised proposals are now available to view via an interactive map on the consultation website: *www.bcereviews.org.uk* A final public consultation is open until 5 December and is the last chance to provide your views on new constituency boundaries.







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## Nov Police Update

A man from Westcotes was one of four men found guilty of the murder of 18-year-old Abdirahim Mohamed in September last year.

29 year old Mohammed Hansrod, from Dulverton Road, was found guilty of the drug related killing and sentenced to a minimum of 28 years. Mr Mohamed suffered 7 stab wounds during the attack, later dying in hospital from his injuries.

A 38-year-old man from Aikman Avenue has been charged following a fatal collision in Braunstone Lane, which led to the death of a 14-yearold girl on 26<sup>th</sup> October.

Aaron Carter has been charged with one count of causing death by dangerous driving.

An investigation is ongoing following a serious collision in Fosse Road South, near the junction with Upperton Road, on 21 October.

A male pedestrian had been involved in a collision with a Jaguar car and was taken to hospital by ambulance.

It's understood that the Jaguar had been involved in a collision involving four other cars. Some of those in the vehicles were taken to hospital with minor injuries.

From enquiries conducted so far, it's believed there was also a passenger in the Jaguar whose details were not obtained at the time. Officers would like to identify and speak to that person and urged them to come forward.

A large amount of jewellery was taken from an address in New Parks Boulevard, overnight on Monday 24 October.

DC Sally Harrold, is asking if you have been offered anything similar under unusual circumstances. She added: "Also, I am keen to speak to anyone who may have information regarding the burglary itself."



Information can be reported online or on 101, quoting crime reference number 22\*622554.

Drug dealing is a priority issues on the Fosse. On 23<sup>rd</sup> of October, PCs stopped and arrested a male for possession of an offensive weapon & class A drugs.

A stolen moped was recovered on 8<sup>th</sup> of November after officers gave chase to two suspects who were subsequently detained and arrested.

The moped was stolen out of area overnight, so this was a good result for all officers involved, and for the victim who has been notified.

# CAREY'S COMPOST

It's getting darker earlier, and temperatures are starting to drop, so I've been busily protecting all vulnerable items in the garden.

It's been predicted that we're going to have a cold winter, so those of us that have greenhouses might consider ways of keeping it warmer if it's unheated. The most effective way, I've found, is to insulate the walls and roof with bubble wrap. This should be done after you've cleaned down the glass and staging to eliminate pests and diseases. Then, with the leftover



bubble wrap, I've covered the outside taps and all vulnerable pots that are susceptible to frost damage. It's also a good time to cover any garden furniture that you can't move to shelter with weatherproof covers.

I've still been mowing lawns and will continue to do so if the grass is still growing albeit with height-

ened blades. I've been giving them nice, neat edges too using my half-moon edger, which they needed after recovery from scarification. The regrowth has been fantastic, especially considering the harsh summer we had. Whilst cleaning the greenhouse, I took the opportunity to clean out the bird baths, feeders and nest boxes. This helps to remove parasites, disease and pests in preparation for next year. It also reminded me to check that any shelter for wildlife is still dry and to put more food out over the next few, extra cold months.

After removing all my summer bedding, I used the spent compost as a mulch around vulnerable plants such as my agapanthus, which are classed as borderline hardy. This helps to protect them from heavy frosts and re-uses the compost rather than wasting it. I spread the rest around the borders to help nourish and improve the soil. I added to this my leaf mould from the leaves I had collected and shredded last year. The two added together made a really lovely soil conditioner which will be very beneficial to the beds and borders. Needless to say, I have been collecting and shredding this year's fallen leaves, placing them in aerated bin bags with a little water (if they are dry) and will continue to do so, especially when you get such a good useful product for free.

Carey Tunstall



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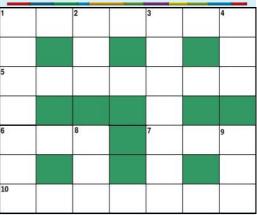
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## **BRAIN TAZERS**



1 Across: Halloween Vegetable 1 Down: Don't open her box! 2D: Cuppa 3D: Food prep area 4D: Pre-marital name 5A: Cold night warmer 6A: Aged 7A: Head gear 8D: Direct message 9D: Equal 10A: Not there. © Paul Towers 2022

Answers at w:westernparkgazette.co.uk



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